

***Do You Know What to Do
If It Happens to You?***

**sexual
assault
is a
crime!**



Your options under Restricted Reporting policy.



USACHPPM

US Army Center for Health Promotion
and Preventive Medicine TA-057-0107

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Sexual Assault is intentional sexual contact characterized by the use of force, physical threat, or abuse of authority or when the victim does not or cannot consent.

It may include:

- Use of physical force
- Threat of force, coercion or intimidation

It can happen:

- When the victim is asleep, incapacitated or unconscious
- Without regard to gender, spousal relationship or age of the victim

Most Soldiers think that sexual assault could not happen to them. The truth is that it can happen to **ANYONE at ANYTIME**. When it does happen, it can be a life changing event. If it happens to you, you may find yourself having difficulty sleeping. When you are ready to begin the healing process consider talking to counselors who are trained in sexual assault. They can help you. **The first step for any victim who experiences sexual assault should be to REPORT IT!** Effective 16 March 2005, Soldiers now have the option of making a **Restricted Report**.

Restricted Reporting allows a Soldier who is a sexual assault victim to confidentially disclose the details of his/her assault to specifically identified individuals and to receive medical treatment and counseling, without triggering the investigative process. Victims must acknowledge in writing their preference for Restricted Reporting. They must also state that they understand the exceptions that can apply to Restricted Reporting, and how this reporting may limit the ability of the government to prosecute the offender.

Soldiers who are assaulted and desire Restricted Reporting under this policy should report the assault to the Sexual Assault Response Coordinator (SARC), Victim Advocate, Healthcare Provider, or Chaplain. Soldiers who are deployed can also report to the Deployed Sexual Assault Response Coordinator.

Healthcare providers will, with the consent of the victim, initiate appropriate care and treatment, and report the sexual assault to the SARC in lieu of reporting the assault to law enforcement or the chain of command. Additionally, at the victim's discretion, the healthcare provider, if appropriately trained and supervised, shall conduct a forensic medical examination, which may include the collection of evidence.

Remember, if sexual assault happens to you, it is NOT your fault. It happened because the offender chose to assault you.

For additional information on Sexual Assault Intervention contact:

Military One Source, Trauma, Crisis & Violence/Sexual Assault
<http://www.militaryonesource.com/MOS/home.aspx>
US Army Sexual Assault Prevention & Response Program
<http://www.sexualassault.army.mil/>

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